Discussing Learning Styles

<http://people.usd.edu/~bwjames/tut/learning-style/index.html>

There are three basic types of learning styles:

Visual

Auditory

Kinesthetic (kin-es-thet-ic) – let’s look this one up!

To learn, we depend on our senses to process the information around us. Most people tend to use one of their senses more than the others.

Which are you most likely to do when you are happy?

a) grin   
b) shout with joy   
c) jump for joy

What are you most likely to do when you are angry?

a) scowl   
b) shout or "blow up"  
c) stomp off and slam doors

When you aren't sure how to spell a word, which of these are you most likely to do?

a) write it out to see if it looks right   
b) sound it out   
c) write it out to see if it feels right

**How can YOU use knowledge of learning styles?**

1. How could knowing your learning style be of benefit to you, personally?
2. How can it be helpful in your interactions with others?
3. How do you think this could help you in your studies?
4. How do you think this could help you in lectures?
5. How do you think this could help you in note taking?